

PROTOCOL

THE MAKING OF A BLEACHING TRAY



1 Turn the heating element to the back. Place the frame that holds the plate slightly above the part with the holes.



5 Place the dental arch model in the center of the part with the holes. The Bleach thermoforming plate will heat up and slowly sag. Make sure the dental arch model is positioned in the center on the vacuum plate with holes.



2 Remove the blue foil from the Bleach thermoforming plate and then place it in the frame.



6 When the plate sags about 1.5 to 2 cm:
- set the push button to 'VACUUM'
- slide the frame down using the two handles
- turn the heating element to the back



3 Close the frame and tighten the black knob. Then slide the frame all the way up until it touches the grey part. Turn the heating element above the frame.



7 Let the device thermoform for 30 seconds, then turn off the vacuum pump and allow it to cool for about 2 minutes. Then loosen the frame and carefully remove the plate with the dental arch model.



4 Set the push button up to the 'HEATING' position and give the timer a firm turn. The light above will turn on. Set the timer to more than 4 minutes.



8 Trim the bleaching tray to about half a centimeter above the gum line, and along the entire length keep the edge short near the back molars. Finish the edges with polishing discs (see TIP 2).

TIP 1. When there are large spaces or undercuts, block them out beforehand with Cavex Barrier/Spacer. Apply a thin layer of Cavex Barrier/Spacer up to one millimeter below the gum line and polymerize it.



TIP 2. The finishing of the tray is best done with so-called Lisko-S discs from Erkodent or Brushes.

TIP 3. Apply an isolation liquid, such as Aislar, to the dental arch model. This will keep the bleaching tray nice and clear after thermoforming.



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