

Frequently asked questions:

1. What does this treatment cost?

That varies according to the treatment. Your dentist can give you a good estimate of the costs. Ask your dentist in advance for a price.

2. Does my insurance cover the costs?

Nowadays that depends on your insurance. We advise you to contact your insurance.

3. Approximately how long does the treatment take?

That always depends on the situation. On average, such a treatment takes 1 hour.

4. Can I eat immediately after the treatment?

No problem. As soon as the dentist is finished you can eat anything you like.

5. Will I need to be anaesthetised?

No, this treatment is generally completely painless.



Date treatment: _____

Time: _____

Additional Information: _____

dentist stamp



Discoloured tooth?



What can my dentist do about it?



CAVEX FOR DENTAL USE ONLY

Are you embarrassed by your discoloured tooth or does it bother you? Fortunately, your dentist can generally do something about it quite easily.

By applying a so-called facing, with the same colour as the adjacent teeth, the appearance of your teeth can be restored.

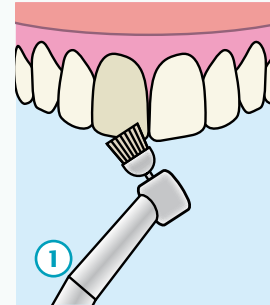
A facing is a thin layer of plastic (composite) that is “glued” over the discoloured tooth. Thanks to this technique, it is possible, with just one visit to the dentist, to have your tooth appear “healthy” again. This is not only a fast solution, but also a relatively affordable one.

An alternative to facing is bleaching the tooth. Here, however, the final result is less predictable and sometimes there is still a noticeable colour difference or the discolouring returns again.

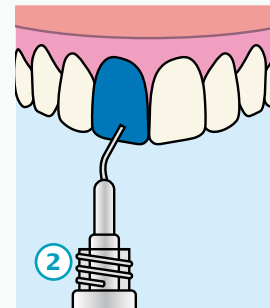


What precisely will the dentist do?

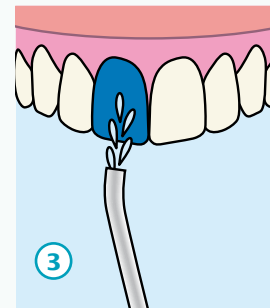
Step 1. The dentist will start by thoroughly cleaning the discoloured tooth. In some cases, a layer of enamel is first removed.



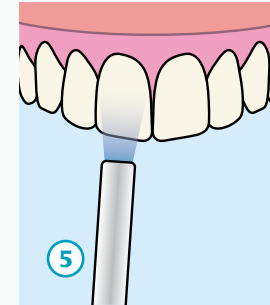
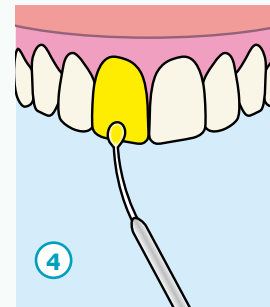
Step 2. After cleaning, the dentist applies a liquid that roughens the enamel of the tooth. We call this etching. This etching ensures that the composite remains better attached to the tooth.



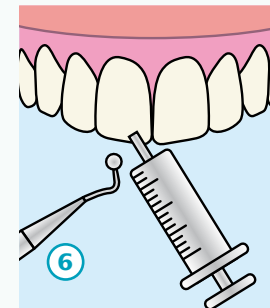
Step 3. The etching liquid is rinsed away with water, after which the dentist thoroughly blows it dry.



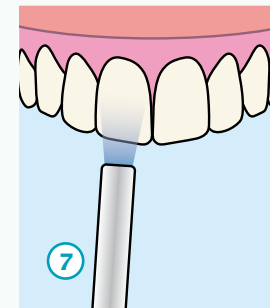
Step 4. In order to be able to fix composite to the teeth, a layer of “glue” is first applied, also known as ‘bonding’.



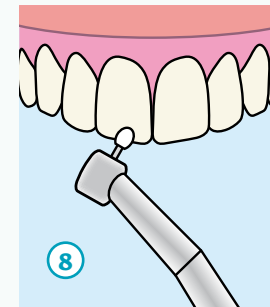
Step 5. After applying the bonding, the dentist will shine a blue light on it, which makes the adhesive layer strong.



Step 6. The composite can now be applied. The dentist builds up the tooth layer by layer and models the composite into the right shape.



Step 7. The composite is now hardened with the blue light.



Step 8. When the facing is complete, the dentist will grind and polish the tooth.

The method above is a possibility for improving your situation. There are often other methods available. Ask your dentist about the alternative possibilities and discuss the most appropriate treatment for you.

This folder was produced by Cavex Holland BV in consultation with dentists.

The aim of this folder is to inform patients about the possibilities of modern dentistry. For more information you can visit our website: www.cavex.nl