

THE DENTAL ADVISOR

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Cavex Bite & White +++ 1/2

Cavex Holland BV
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Description

Cavex Bite & White is a professional, take-home tooth whitening gel with 16% carbamide peroxide for use in lightening the color of natural teeth. The formulation contains 0.1% sodium fluoride and 0.2% potassium nitrate desensitizers. The gel is designed to provide the best results if it is used at least one hour a day for approximately 10 consecutive days. **Cavex Bite & White** is available in a box with five patient kits and also as a refill with one 3 mL syringe and instructions. The patient kit contains two, 3 mL syringes of 16% carbamide mint-flavored whitening gel; tray case; shade guide; tray material; and instructions. Shelf life is three years if stored under refrigeration when not in use. **Cavex Bite & White** was evaluated by seven consultants and 20 patients. This whitening system received an 82% clinical rating.

Product Features

The **Cavex Bite & White kit** provides enough material for 10 days of whitening the upper and lower arches. The patient kit is a basic cardboard box containing the gel-filled syringes and tray case. The packaging is not very durable for travel or long-term storage. Patients liked the short, one-hour treatment time of **Cavex Bite & White**. No bad taste or odor was reported. Half of the patients experienced tooth sensitivity, and 75% experienced gingival irritation. Most patients (19 out of 20) indicated that **Cavex Bite & White** whitened their teeth. Of patients who had previously whitened, 85% rated **Cavex Bite & White**



Consultants' Comments

- ◆ "I like the instruction pictures on the inside cover of the box."
- ◆ "Seemed to work well for the patient. No bad taste or odor."
- ◆ "Only need to use product for 10 days."
- ◆ "Tray material did not adapt tightly."
- ◆ "Some patients reported sensitivity."
- ◆ "Make it whiten better."
- ◆ "Provide written instructions for patients for loading the tray."

White as the same or better than their previous product, while 29% of consultants found it to be the same or better than other take-home whitening kits. Fourteen percent of consultants would switch to **Cavex Bite & White** and 43% would recommend it.

Clinical Tips

- Have the patient use a sensitivity relief toothpaste starting two weeks before the treatment procedure until two weeks after the treatment.
- Refrigeration is required for long-term storage. ■

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